



Central Press

Volume 7, Issue 1

September 7, 2018



New Faces At CJHS

Goodman Takes Over Science By Ira Kramer and Tyler Freeman

Mrs. Goodman is the new 8th grade science teacher. She took the place of Ms. Price who is now a high school principal in Sandoval, Illinois. Mrs. Goodman is one of our three new teachers at CJHS.

She likes teaching us about science. In fact, in five years she still wants to be teaching here. Science is her favorite subject to teach, because students get to do a lot of stuff with their hands like dissection, fingerprinting, and a lot more.

Mrs. Goodman went to high school at Carterville. She got her Associate of

Science Degree at John A. Logan College. Then Mrs. Goodman went on to SIU to get her Bachelor's Degree and all of her endorsements. She attended McKendree University for her Master's Degree. Mrs. Goodman's favorite quotes are "Never give up on your dreams", "If you want it, GO FOR IT!!!", and "Don't let anyone tell you that you can't!" She always likes us to follow the rules and to listen.

Mrs. Goodman has two kids who attend school in Herrin. She also has two pugs. Mrs. Goodman mentioned that she likes listening to country more than any

other music.

At first it was weird to see someone other than Ms. Price teaching science, but Mrs. Goodman seems to fit right in here at CJHS.



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All About Mrs. Hoffard By Adonis Westerberg

Mrs. Hoffard is the new part time 7th grade science teacher here at CJHS. She teaches three classes in the afternoon, because Mr. Webb has a new job as the Athletic Director for the district and he must be gone after lunch. Therefore, he teaches part time and so does Mrs. Hoffard.

She has actually been teaching for a very long time, 9 years to be exact. Mrs. Hoffard said that if she wasn't a teacher she would want to be a doctor.

Mrs. Hoffard is 40 years old, she is married, and has two sons, Clayton and Carson. She is a massive football and tennis fan. Mrs. Hoffard seems to love animals. She has two dogs, one cat, one turtle, one duck, four turkeys, and two guineas.

So far we are really enjoying class with Mrs. Hoffard, and we hope she has enjoyed her first few weeks here.



New Band Director at CJHS By Ashtyn Rich

Ms. Andrea Francis is the new band teacher here at CJHS. She also teaches band at the high school along with show choir.

I was lucky enough to sit down and interview her. Our new band teacher went to college for four years to study music at SIUC and is a recent graduate. She student taught at Herrin, Marion, Desoto, and Mt. Vernon. Ms. Francis said that what inspired her to teach music was that in middle school she had a great band teacher named Mr. Moe and since then she wanted music to be a part of her life.

This is her first year being an official band teacher, but she did help teach at band camps and conducted at SIU for the Jr. Orchestra.

I am in band this year. I believe this will be a great year for her and I can't wait for her to teach us more.



Cross Country By Emma Chick

Cross Country is a sport not everyone can just do. On September 4th, we had our first meet in Marion, Illinois late in the afternoon. We had worked for about a month in order to be ready for sure on the 4th. The coaches Lane Murphy and David Chick made sure of it.

I am pleased to say that everyone that tried out made the team. The 6th graders include Sydney Ragan, Jizelle Lucky, Kada Milligan, Mariana Velazquez, Silas Ware, Owen Thompson, Oren Burmaster, and Alex Bennett. The 7th graders are Emma Chick, Ryley Mcphail, Alivia Androff, Alisha Audate, Jayla Shelton, Noah Boner, and Giovanni Derosssett. The 8th graders include Laelah Kahzadi, Makalya Odam, April Dimitroff, Ashtin Swann, Joseph Ruiz, Nick Steinberger, Spencer Metro, and Roman Dodd

For those of you who don't really know anything about cross country, it's actually pretty simple. At meets if you get top 10 you usually get medal, but every place counts towards the team score. If three of us get top 10 and some got top 30 or top 20 we could win as an overall team. This year Coach Murphy think at least 4 of us can get top 10 in Conference this year. If you don't know what Conference is, it is the meet that qualifies you for State. In these meets the top seven runners, seven boys and seven girls, are in varsity. Varsity refers to the top runners of the group. This changes week to week depending on how fast all the runners run during the meet.

As you know the cross country team is racing the clock trying to get to all our meets. This year we have two home meets on September 6th and September 25th. We also have around 10 away meets. This year's Conference will be held at Marion Junior High. Then State is at Benton Middle School. Our two earliest meets are the Conference Meet at 1:30pm and State Meet at 10:00 am.

Coach Murphy is one of the two cross country coaches. He said he wanted to be a coach, because he likes to watch the kids grow. Coach Murphy is very excited for this season and he can't wait. He loves being a coach, because he love to see the team succeed. Coach Murphy thinks this year we can do things that haven't been done here at CJHS.

Coach Chick is the other coach for the cross country team. He said he loves to be a coach, because the joy he got of being an athlete when he was younger. Coach Chick said he is very excited for this season he thinks we can accomplish things that haven't been done at CJHS. He said the best part about being a coach is watching kids succeed and accomplish things that they have worked for. Coach Chick thinks we have a lot in store for us, not only as individuals, but as a whole.

The cross country team is ready for this season. We would like to thank everyone for their support. Keep cheering us on and wish us good luck for this season!



Cheerleading By Amelia Baldwin

The CJHS cheerleaders are here and they have practiced all summer for the football and basketball games! There is a new cheer coach this year that has recently came and joined the cheer team. Her name is Abby Edwards.

On November 2, 1898, cheerleading was introduced to the world. When cheerleading first came out all the cheerleaders were men. Six men cheered at a football game at Minnesota University on November 2nd. Today, cheerleading is a very important sport for girls and boys. It includes toe-touches, tumbling, backbends, and a lot more. Being a cheerleader is more than just cheering on the team. It is competing, traveling, and showing school spirit.

Hannah Adkins, Laela Kohzadi, Carly Hoffard, and Macy Broy are all cheerleaders on this year's cheer squad. Hannah and Laela like the competition aspect of cheer, while Carly and Macy just like all of the cheers. The girls were all cheerleaders when they were younger. Macy and Hannah are backspots and Laela and Carly are bases. All four girls feel that cheer is their dream and they want to keep cheering into high school. They also all agreed that there should be a junior high dance team. Hannah said, "Yes, there should be a team if enough people signed up." Hannah also said that she would not join the team if there was one. However, Laela thought she probably would if enough people signed up and gave 110% of their total best. Carly and Macy both said that they would join a dance team in the junior high had one.

You can catch these four girls and the rest of the CJHS cheerleaders at the junior high home football games until basketball starts in November. Good luck girls and have a great season!



Baseball is a sport that everybody can play. You don't have to be the best at it to participate, but you must give it your all. The most important thing that you must be able to do for this sport is catch fly balls and field the baseball. Coaches would really like if you could put the ball in play at bat, but defense is the most important part.

The CJHS baseball team has begun the 2018 season. Our first game was August 13, 2018, in Carbondale. We are currently 3-7 on the season. Our final regular game will be at home against Harrisburg.

Coach Overturf is the head coach for the Redbirds. Coach Smith and Coach Jones are the assistant coaches. There are around 14 players on the team. We have 10 teams that we play and we play most of them twice. We practice everyday except for Sundays or on game days.

The CJHS baseball team has had a lot of injuries this year and I'm one of them. I haven't got to play the whole season, but hopefully I will get to play next week. At the JC tournament we had about three injuries. Coach O said that he thought that we would not go negative this year mostly because we have a young team. However, the injuries may have effected the record this year.

The regular baseball season will come to an end the season on September 13, 2018, and then we will go into Regional games.



CJHS Softball By Gracie Dawes and Emma Chick

The CJHS softball team has had quite the season this year. They are currently at a winning streak of 13 to 3. There are a total of sixteen girls on the team. These girls have worked long and hard this season and still have more to go so wish them luck!

The people that made the team for eighth grade are Anna Rolla, Lani Wolfe, Shelbie Arrington, Dayanara Degler, Jaylin Pierce and Emma Gass. The seventh graders include Madi Tate, Aleah Russell, Nicki Nicklin, and Callie Dawson. The sixth graders that made the team are Kourtney Spence, Presley Sollers, Maya Parker, Bailey Neibch, and Annabelle Hopkins.

We interviewed Aleah Russell about what she thinks about softball. She plays center field. Aleah likes fielding the most. She says she love softball, because its fun. Aleah looks up to Matt Carpenter. She has played for 8 years.

Lani Wolfe and Anna Rolla are two 8th graders on the team. They both play shortstop, but Anna is also pitcher and Lani also plays center field. Anna likes fielding better and Lani likes batting better. Anna loves softball, because it's just awesome. Lani likes softball, because she likes having a team and she thinks its fun. Lani looks up to Kris Bryant and Anna looks up to her parents. They both have been playing softball since they were three, so they have been playing for around ten years.

All of the softball girls have worked hard. Keep cheering them on. The season isn't over yet!



2018 CJHS Football Season By Jacob Colyer

The first football game was said to be held on November 6, 1869, between Rutgers and Princeton. This popular sport developed through rugby and then slowly transformed into football. Since then, there have been 52 Super Bowls with the Pittsburgh Steelers winning the most overall. The first Super Bowl was held at LA Memorial Coliseum in Los Angeles, CA. The previous winners of the Super Bowl were the Philadelphia Eagles.

Although we aren't headed for the Super Bowl quite yet, there is a football team in West Frankfort. This football team is made up several CJHS students. The players are Adonis Westerberg, Joey Reynolds, Jordan Hart, Landon Grubs, Braxton, Gage Agnich, Gabe Smith, Caleb Bullington, Jeriod Melvin, Nicky Steinburger, Hunter Ragen, Hunter Motsinger, Kalijah Matasik, Tyler Craft, Kerston Meeks, Keaton Kurwik, Connor Bennett, William Turner, and Dezmond Malone. One big question might be: What makes most people want to play? I have found that the motivation the football coaches give to the players on the team makes them want to play for CJHS. The coaches for the junior high team are Tony, Pops, Ethan, and Kenny. They have been coaching for a long time.

The team is going 2-1 and they have been doing great. The play again this Saturday. Good luck to the junior high football team!

New School Dress Code By Mason Sturgill

There is a new dress code this year at District 168 this year and CJHS is no exception. This new dress code includes not being able to wear shorts that are above the middle of your thigh or if they have rips and holes above the mid thigh.

This new dress code was made to ensure that everyone was wearing acceptable clothing. There have been mixed views on this new dress code. Jacob Colyer said that the new dress code doesn't affect him much, because he doesn't break the rules and doesn't really care about it. Emma Chick said that she felt like it is ok. There are other people that do not agree. Ira Kramer feels that people should be able to wear tank tops, because it gets too hot in the classrooms. He wasn't the only one to say that. Amelia Baldwin feels the same way and she would like to see cold shoulder shirts become acceptable.

Whether you agree or disagree, the new dress code is here to stay so make sure you know the rules!

ACCEPTABLE CLOTHING COVERAGE

The standard of dress and appearance for Central Junior High School students is a reflection of the following philosophy: "School is the business of youth." Students' attire should conform to standards appropriate to an educational workplace. Acceptable appearance at school is primarily a matter of good judgment on the part of both the student and his/her parent(s). In direct consideration and concern of student health and safety, extreme, provocative, or flamboyant dress is not acceptable.

As such, students are asked to adhere to these guidelines when it comes to student dress:

- Clothing must cover students from the neckline down to mid-thigh length on their leg.
- All tops must have sleeves.
- No undergarments should be visible.
- Pants must be at the waist/hip level.
- Shoes must be worn at all times.
- No clothing that promotes drug or alcohol use may be worn.
- Nothing can be worn to cover the face such as hoods or handkerchiefs.
- Student dress that can communicate gang activity may not be worn.
- Pants/jeans with holes below the knees may be worn.

Gabby in the Spotlight By Gracie Dawes

Gabby McClerren one of our Spotlight Students. She is an 8th grader here at CJHS. I just happen to be one of her best friends, along with Madalynn Spetter.

Her favorite subject in school is math, because it's the easiest for her. Gabby's favorite teacher is Mr. Berry and that's because she thinks he makes class fun and more interesting. Her least favorite class is P.E, because of the mile, but if we didn't have the mile it would be one of her favorite classes. Volleyball is her favorite sport, because it's exciting and fun to her. Basketball is her least favorite sport. She thinks it's boring.

I asked Gabby which side of the Twix she would rather have, but Gabby said it didn't really matter to her so she would have half of each side of a Twix. The top two places she would want to go to for vacation would be either Los Angeles or Florida. Her favorite sweet treat isn't a sweet treat, because she likes dark chocolate over everything else. She isn't big on sweet things.

Gabby was chosen to be this issue spotlight student, because she works hard and stays out of trouble. Keep up the good work Gabby!



All About Nichole By Gracie Dawes

Nichole Nicklin is another Spotlight Student for this issue of the Central Press. She is a 7th grader here at CJHS and a softball player.

When she is playing softball she either plays outfield or second base. She likes fielding better than hitting. I just happen to be Nichole's best friend, but on the softball team her best friend is Callie. She has one sibling. At this given day, Nichole has five pets. Her favorite color is blue.

Nichole does like being her at CJHS and she wasn't nervous about coming her either. Her favorite teacher is Mrs. Stowers, because she's funny and makes class more fun and interesting.

Welcome to CJHS Nichole! Good luck in 7th grade.



Fortnite Battle Royale By Christian Williams

In September of 2017, a company called Epic games released a game called Fortnite Battle Royale. Epic games is based in Cary, North Carolina. There is rumor that this game originated from PUBG or Players Unknown Battlegrounds. Many people across the U.S. actually play Fortnite. Most people are attracted to the Battle Royale Mode and this is probably due to the fact that it is free.



Fortnite is everywhere on TV. I don't really know why it is so popular, but I play it myself. The main thing I like about the game is that there is different rarity of guns, such as the legendary assault rifle or as some people call it the scar. The other guns are the legendary burst assault rifle or the lynx. Another thing Fortnite likes to do is add this thing called a "starter pack." A new one is added about every 2 or 3 months. The newest starter pack is \$5. They do that so if you don't want to spend \$25 dollars on a new skin, then you can buy the starter pack. It comes with some in game currency called V-Bucks. V-Bucks are used to buy skins. The starter pack comes with 600 V-Bucks and it also comes with a skin.

Save The World is a PVE game mode which mean you don't go against real people online it's pretty much just zombies. Also in Save The World you are able to trade weapons. There are ores and materials. Honestly, Save The World gets a lot of hate because it's not free and it honestly look extremely boring, but the first time I played it I loved it. In Save The World you can also get scammed, because there is not a full system. It's pretty much you dropping your gun somewhere and then trading guns at the same time so that you don't get scammed.



Fortnite is becoming a crazy popular game, and it is one of the most popular games on the planet Earth. Last time I checked it is one of the top five most played games this year. Overall, it is a fun and addictive game.

The American Pickup Truck By Alley Teel

There have been many changes throughout time to the American pickup truck. It all started with farmers that were strapping wooden crates to their Model Ts in the early 1900s. It wasn't until 1925, that Ford began their own version of the American pickup truck. Later on other companies designed their own models of the American pickup truck.

The American pick up truck has changed a lot throughout the years and there are a lot of interesting facts out there. For example, it wasn't until 1946 the world war two troops were the first to experience four wheel drive. The first six person three door cab was invented in 1957. Then in 1973 they built the American pickup truck with automatic transmissions, Independent front suspensions, and power brakes and steering, and dual rear wheels. In 2015, they replaced the steel with heat-treated aluminum and added lightweight steel composite. More information about the American pick up truck can be found at <https://www.popsoci.com/pickup-truck-history-timeline>.

Throughout the 100 years of its existence, there have been many changes to the American pickup truck with safety, looks, and technology. Truck companions have grown and taken trucks to a new level.

Why do we like gaming so much? It may be because we can see in front of us something creative and that we can interact with: a world where we can do things we can't usually do. We can be creative and adventurous in a virtual world, not even needing to leave our comfort zone. It's kind of like a book where you control the main character and see what they see.

Some games, we can grow and test our skills against others. Such games can have things titled like "Arena" or "Collesuem" where you test your power against other people in powerful pvp, or combine your power against bosses. The places that the game takes you to can have events where battling and getting stronger earns limited awards; ones you could typically only get from that kind of event. Other games, such as Pokemon ones, might give rewards (in the form of certain stats or a possible rare form or move) based on special, specific training or breeding of your pets.

One funny thing about some games is that even though we don't realize it, when we're following the storyline or comparing stats, we're actually reading. Some people don't like reading books, but they will read parts of their games. Of course, it eventually can get old to the point where you skip through it, but likely, you are reading parts of it and seeing the pictures on the screen as characters in a story. In online games, when they're not insanely busy with combat or whatever the goal is, we often talk to people. Even for shy people like myself, we can be a bit social since we're not being put in front of someone and talking to them directly. We're free to say what we want in most games and interact with others, as long as we don't get too offensive with our language.

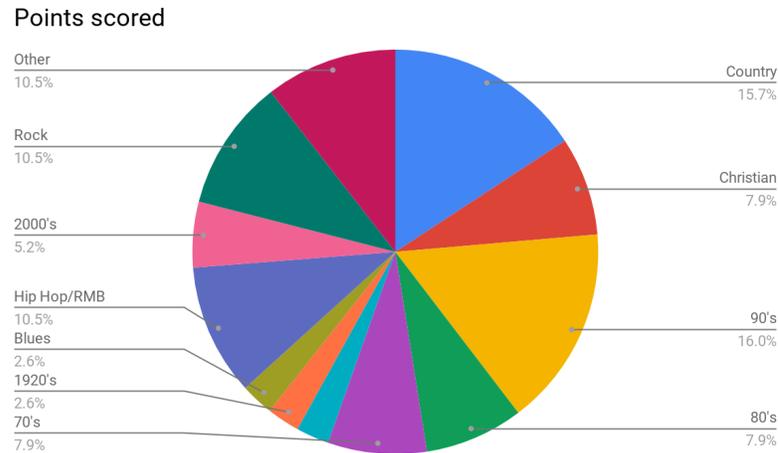
Working hard to gain things in games, or to adjust something and power it up so it goes almost perfectly with your style can be fun, but it can also be tough. Often times it takes lots of time and effort. In some games, if you want something- be it gear, a pet, an item...- you can trade for it with others. This could be difficult, some players take advantage and scam you. Almost nobody likes it when they're scammed, or if they have to sit there listening to a pity party about how one person got scammed so they want your stuff, even though you weren't involved. If this happens and it's annoying you, it might be a good idea to ask them to stop, and if that doesn't work (which it may not), you could try to close the chat, block yourself from seeing what they say, or try to ignore them (which is pretty hard). On the bright side, some players can be nice, and trading can be a fun thing to do in games.

PvP games: (player versus player) Some games are all about pvp (I mentioned a bit on pvp above), instead of having a specific place for or no pvp, that's pretty much ALL it's about. It's basically a free-for-all where just about anything (except hacking and cyber bullying) goes. Games like this can be hard for new players, since you're probably dropped at random not knowing much about the game, probably with at least one pro player. If you have friends or teammates, you might want to at least ask them a few quick questions if you get the chance. It could be helpful to have a friend who can help you gain power and protect you until you can fight well enough. If not, you should follow any possible tutorials or watch others from a "safe" point. This, however.. Could backfire. You could try sniping, sneak-attacks, or running about the map looking for treasures or other new players to fight. These games can be hard, as one time you could be fighting a bunch of players who are vulnerable to your style, and another time you could be the vulnerable one.

Whatever style of gaming you like, be it a tycoon game, farming, pvp, or a crazy and wild adventure, it's a fun thing for you, if it's something you like. But also, think of how much more fun the real world can be! You have so many possibilities in this wonderful adventure!

What Are Our Teachers Listening To? By Aeyden Moyer

I interviewed the teachers at Central Junior High and recorded their favorite genres of music. Some of the favorite ones include: Country, Christian, 70's, 80's, 90's, Rock, and more! Here are the results:



They are very interesting results. The music favored among our teachers is 90's, Country, and Christian. How do these results compare to your taste in music?

M Sister The Artist By Gracie Bush

My sister, Kayann, is obsessed with drawing. She went to college for art and even won an award for it. The competition was to draw a logo for a company. The prize was an Ipad and a laptop. Kayann had always wanted a good laptop, but never had enough money to get one. She was both stressed and excited during the competition, but my sister was determined to win. Her determination helped her through it. She won!

Kayann loves drawing to this day and sometimes even helps me when I ask her to. She says that she likes drawing realistic faces the most. The competition was hard and stressful, especially for her. At the time, Kayann didn't have much confidence, but after she won Kayann had more confidence in her artist abilities. She says that if you don't have confidence in yourself you'll never get better. Kayann's advice to the next generation of artists is to always believe in yourself and your skill no matter what anyone else says.



Ever since Kayann came home with a prize and new self confidence, I have also developed an interest in drawing. Not just for the possibility of a prize, but because I was inspired by her.