



Central Press

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New Faces at CJHS By Sarah Mitchell

This year here at CJHS there are a lot of new faces. The new teachers here in our building are Mrs. Jelik (English and Home Ec teacher), Mrs. Studer (Gear Up teacher), Mrs. Ward (Math and STEM teacher), Mrs. Garza (Art teacher) and Mr. Nolan (Behavior Interventionist). These teachers all take an important role in our school.

The first teacher that I interviewed was Mrs. Jelik. She has one daughter and lives in Herrin. She told me that she wished she had known the routine before coming to CJHS, because the

routine is different everywhere.

Mrs. Studer told me that the best part about teaching here at CJHS is the students and the staff. She also told me that the best advice she has been given about teaching is to remember that she is always on a stage and she should always keep her students entertained. Mrs. Studer is from Herrin and has one daughter.

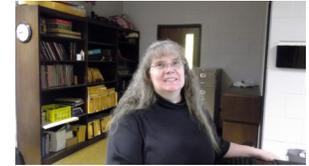
Mr. Nolan is the only new male teacher in the building. He has two kids and he lives in West Frankfort. He said that he does not think that the students can get away with more

stuff just because he is new.

Mrs. Ward lives in Johnston City and has one son. She told me that before coming to CJHS she taught at Thompsonville. She also told me that the most difficult thing here at CJHS is learning everyone's name.

The last person I interviewed was Mrs. Garza. She is from West Frankfort, but now lives in Carbondale. Mrs. Garza has two kids. She also teaches art part time at FCHS.

Hopefully, the five new teachers have a great first year!



Mrs. Studer



Mrs. Ward

Special points of interest:

- West Frankfort Then and Now
- Cross Country
- New Art Class at CJHS
- Du Quoin State Fair Info
- FIS v. CJHS
- A/C Troubles at CJHS



Mrs. Jelik



Mr. Nolan



Mrs. Garza

The Air Conditioner is Broke at CJHS! By Peyton Trout

The air conditioner at CJHS is being worked on. The principal of CJHS, Mr. Cass has said that they have already ordered the parts to fix the air conditioner. The staff has blocked off the hallway next to Mr. Weaver's classroom. The hallway has two trash cans to catch the water and two umbrellas to keep the water from missing the trash cans. At one time the hallway was also being blocked by "DO NOT CROSS" tape, so don't try to cross it to get to your next class.

At times, the hallway af-

ected by this problem will be blocked off due to how much it leaks. You need to have different routes in case the air conditioner breaks again or in case something else breaks. The fastest way to get to your classes are by planning ahead so you aren't late.

There are people working trying to fix the air conditioner right now. The ceiling tiles have been removed from under the air conditioner so that the tiles didn't get damaged by all of the leaking water dripping from the air condi-

tioner.

The air conditioner will be fixed any day now and you won't have to worry about being hot all the time at school and you won't be hot after coming inside from lunch recess or PE anymore. You'll have the hallway open again soon!



2019 Du Quoin State Fair Wrap Up By Lily Hammers

The Du Quoin State Fair has come and gone this year. It started Friday August 23, 2019, and ended on Tuesday, September 2, 2019.

The Du Quoin State Fair has been around for 95 years. At the fair there are many things to do such as, ride a various amount of rides. You can also attend concerts, eat fair food, hang out with friends, play games, see live stock, and so much more.

The fair grounds were open 2PM-12AM on weekdays and 10AM- 12AM on weekends. Although the fair grounds were opened, the carnival rides there were only opened from 4PM -10PM Monday through Thursday, 4PM-11PM on Fridays, and from 12PM-11PM on weekends and Labor Day.

Taking a closer look at prices at the fair ground, I found that it was \$10 to park in the main parking lot or in the gate 4

parking lot, and \$15 to park in the gate 1 parking lot. Arm bands for the rides were sold for \$25 and were good for one day. Individual tickets were \$1 each or \$20 for a sheet of 22 tickets.

Overall, the Du Quoin State Fair brings a lot of joy to a lot of people, and is a lot of fun. If you didn't get to go this year its ok. The fair is an annual event so you can go next year.

My Brother, The Soldier

By Allison Boner

My best friend is Kyle Vancauwelaert. He is not only my best friend, but also he is my brother.

The reason he is my best friend is that he has been there for me and stood up for me. Kyle is in the Army now so I don't get to see him that much, but in September I will see him graduate the Green Phase. Right now we only get to talk to him through letters that we send back and forth. Kyle said that he has gotten to shoot M4's. He had to shoot the 25m, 75m, and 30m targets. Kyle also has to run 40 minutes to the area that they train at and they don't get that much water before they run. One thing that I thought was pretty scary was that he went into a gas chamber as part of his training.



My family and I are looking forward to Christmas, because my brother gets to come home for the holidays. He will have his "Green Graduation" on or around September 27th or 28th, and my family will pack up and go to it. When Kyle gets done with his Army training, he will get a job and continue on with the Army. He is also interested in the Navy and the Air Force.

Kyle is currently training at Fort Benning in Georgia. We all miss him very much and can not wait to see him again.



A New Year at CJHS By Lillian Thompson

This is a new year with new faces and new teachers. There are many students that are nervous about this school year at CJHS, especially the 7th graders. There are also many differences between FIS and CJHS.

This year at CJHS there is a new rule that started last year and is continuing on to this year. The rule is that your phones have to stay in your locker and you're only allowed to have them out in the morning while everyone is in the gym and in the afternoon while waiting for buses. Many students don't like that rule, but at the same time it's also a good thing so that everyone

isn't sitting on their phones the whole day while they are supposed to be working.

There are some differences between FIS and CJHS. At FIS, you have to walk in the "blue", but at CJHS you can walk wherever you want in the hallway and you get more freedom. Also at CJHS there are microwaves for your lunch. Many students love the microwaves, and they like to bring things to microwave like macaroni and spaghetti. Some students even bring popcorn.

Many 7th graders are nervous for this year. One thing that many students are worried and nerv-

ous about is not getting to class on time. At the junior high you get tardies if you're late to class and this makes us all a little pressured to get to class on time. Coming into this year some students also thought work would be harder. I feel like it is just a bit harder, but it's only the beginning of the year so that could change.

Although this school year may be full of worries for some, I think it will also be full of new friendships and new adventures.

Thoughts on a New School Year By Macie Garner

This year, the 7th graders made the big move from FIS to CJHS. The schools are very different from one another. Some people liked the change, while others are struggling.

Anna, Annabelle, and Kourtney are all new to CJHS. Anna said that she likes the new school, be-

cause she likes being in different classes instead of being in the same class all day. Annabelle said that she likes junior high, because she feels more free and she is treated like she is older. Kourtney said that she likes the school, because we have more freedom here.

I am also a 7th grader and I feel like the biggest difference between FIS and CJHS is the freedom that we get. This independence is new to all of us. So far, it has been a great experience at CJHS.

The Superior Pet By Aiden Samples

Have you ever wondered what the majority of people like better, cats or dogs? The big question has always been: 'Which animal is better?' The results are surprisingly a blowout. I surveyed 3 classrooms here at CJHS, and there were 27 votes for dogs and 9 votes for cats.

When doing my research on why people like dogs over cats, I found that most people prefer dogs because they are more affectionate. Dogs tend to come to their owners when they are called and owners seem to have more control over them than they do cats.

According to the web, most people like cats better, because they are low maintenance. Cats return home for food, water, and shelter. Though most of the time they don't care about the owner, they can be very affectionate animals.

Although the votes were very one sided, people do have there reasons for liking cats, dogs, or maybe even both. Any way it goes, animals will always be the greatest companions.

A Look Back in Time By Sophia Eaton

Over the years there have been several changes in West Frankfort. Many people often refer back to the "good old days". Let's take a closer look at West Frankfort then vs West Frankfort now.

I sat down with a former Old King Coal, Paul Wilburn, to ask



his opinion on West Frankfort. He started in coal mines in 1952 and he retired 1994. The former OKC said that banks now days are easier than they used to be, but he feels they are more risky. He also said that schools are more advanced than from when he was a kid and that the technology is more advanced as well. The former OKC said that technology just makes life a little

easier, especially with cars and transportation.

Many things have changed since Mr. Wilburn was a student in West Frankfort. Who knows what the future might bring.



First Quarter Reward Trip to
West Frankfort Park
October 25th

CJHS Cross Country Team By Amelia Pahl

Two weeks ago, CJHS held tryouts for Cross Country. They took three days to complete. This past Wednesday the Cross Country team had their first practice meet and they were very successful. The Redbirds did very well against several other towns, and it was definitely a good sign for the rest of the season.

There are a lot of student athletes on this team. In fact, there are 10 boys and 14 girls. The coaches, Mr. Chick and Mr. Murphy, said that they are very confident with their team this year. They also said that they have all set team

goals and personal goals, and they are driven to succeed. Both coaches said that they do really love coaching cross country. Coach Murphy and Coach Chick were competitive runners when they were attending CJHS and FCHS. Coach Murphy's former track and cross country coaches were Richard Glodich and Ms. Hartwell. Coach Chick's former coaches were Bob Sloan, Keith Griffith and John Reach. Both coaches said that they liked running. Coach Murphy said, "I loved it. Running takes mental toughness and fortitude and an incredible bout of self-discipline." Coach Chick said,

"Running is the purest form of competition. The clock doesn't lie. All you have to do is be tougher than the person or people next to you."

Both coaches said that they were a little upset that they didn't have a meet sooner, because they have had kids ready for their first meet since July. I am apart of the cross country team and I think that running is really fun. If you are really good at running and you like to do it, I would definitely suggest it for next year.



New Art Class at CJHS By Katelyn Hitchings

There is a new Art class at CJHS. Our teacher is Mrs. Garza and she really loves teaching art. She also loves being an artist herself.

Mrs. Garza has two children, a 3 year old and a 5 year old. Whenever she has free time she loves being a parent and hanging out with her kids.

Mrs. Garza splits here day between CJHS and FCHS. She said the art class at the high school is

different from the junior high. Although there are the same amount of kids, there are different projects.

Alivia Androff, Keirston Meeks, and Ryley McPhail are all in art this year and all enjoy the class. The girls love having Mrs. Garza as an art teacher. Alivia, Ryley, and Keirston love art and they wanted to take this class to try something new. What they like about this class is

that it is a creative outlet for kids, a break from a normal class, and it is new and different. Alivia said that she would definitely take this class in high school.

Seventh graders, if you didn't sign up for art this year, you should definitely give it a try next year. Welcome to CJHS, Mrs. Garza.